

BUMS TUMS AND GUMS

Weightloss surgery

JBTG NZ Ltd.

Jackie Brown's Travel Group

www.bumstumsandgums.co.nz

<https://surgicalweightloss.co.nz/>

**IT'S NOT THE WEIGHT YOU LOSE, BUT
THE LIFE YOU GAIN THROUGH
BARIATRIC SURGERY.**

Transform Your Life with Bariatric Surgery:

Mexico on fully escorted tour or fly solo

Discover Affordable and World-Class Bariatric Surgery Options

Are you ready to take the next step towards a healthier and happier you? Consider bariatric surgery in Mexico, a leading destination for high-quality and affordable weight loss surgery by certified bariatric surgeon and his team of 10 professionals.

WHY CHOOSE BARIATRIC SURGERY OVERSEAS?

Affordability: Save up to 70% on surgery costs compared to New Zealand, Australia or the United Kingdom.

Expert Surgeons: Highly trained and experienced surgeons specialising in bariatric procedures.

State-of-the-Art Facilities: Accredited hospitals equipped with the latest technology and adhering to international standards.

Comprehensive Care: Personalised pre- and post-operative care to ensure the best outcomes.

DESTINATION-MEXICO/USA

Excellence in Weight Loss Surgery in Tijuana with pre and post recovery in San Diego

Why Mexico?

- Proximity: Convenient for San Diego (only 30 minutes door to door from our hotel)
- Renowned Qualified Surgeons
- Package can include Disneyland, trolley tour of San Diego, Shopping tour, visit the famous Caesars restaurant and only 6-8 surgical clients per tour!

- Gastric Sleeve at USD\$4499
- Mini bypass \$5888USD
- Gastric Bypass \$6100USD
- Includes transport to/from San Diego
- 2 nights hospital
- Take home medication package
- 1 night hotel Mexico

*Airfares and accommodation not included –
choose your adventure!
(see over page for three various options)*



Dr Giovanni Aria

WHY GO ON A TOUR?

BENEFITS

- Expert guidance and enjoy the insights and knowledge of a professional guide
- Team of 10 bariatric professionals
- One year follow up with nutritionist
- Hassle free planning by professional travel agent with over 30 years in the industry
- Safety and security and time efficiency: maximise your experience without the worry about details
- Local experiences, language assistance
- Stress free



JACKIE BROWN

Qualified travel agent, Authorised tour guide,
Bch Ad Ed and PGrad Coaching and Mentoring (life coach) ,Dip Alt.,DipTourism and Travel

Changing lives for over 15 years –
empowering healthier choices and
brighter futures.

PICK YOUR PERFECT PACKAGE

THE ALL-IN EXPERIENCE: "THE GASTRIC GETAWAY"

This is your deluxe 10-night, 12-day escorted tour including Disneyland, Anaheim highlights, a Tijuana tour, and VIP shopping day — with full support from your Kiwi tour guide from start to finish. with your own private room throughout (*bring a buddy- price on application*)

- Includes flights, from Auckland, all transfers, to/from LA and San Diego and Anaheim with our own van and driver,
- 2 nights Anaheim motel
- Entrance to Disneyland,
- 2 night San Diego hotel pre surgery
- Hop On Hop Off tour of San Diego
- Old Town Market
- Shopping Excursion
- Return transfer to Tijuana and includes medical pass
- 1 night hotel, Tijuana
- Soup at the famous Caesars restaurant
- Tour of "the Wall"
- Ceramic factory shop
- 3 nights post operation San Diego hotel
- Plus you receive a 80 page ebook of valuable information as well as information sheets sent regularly to prepare for your journey
- POA for higher BMI and high season package, airline and hotel price fluctuate depending on times of year)
- Medical package includes: Surgery, hospital stay, medication, pre-op tests, post-op care, nutritionist for up to one year and local knowledge.
- **2025:** 22 October (\$6485.00) **2026:** 18 January, (\$5899) / 07 April, (\$6899) / 05 August, (\$6899) / 25 October (\$6485) **Surgery costs for bariatric procedures are additional to the tour package price.**



THE LITE OPTION: "SLEEVE AND GO"

All the Care, Less Time There. Perfect for those short on time — fly in the day before surgery and enjoy a 7-night streamlined stay. Includes your ground transport, accommodation, and the support of your trusted Kiwi tour guide, but skips the sightseeing extras.

- Includes flights, from Auckland, all transfers, to/from LA and San Diego and Anaheim with our own van and driver,
- 1 night San Diego on arrival and meet the group
- transfer to Tijuana and medical pass
- 1 night hotel, Tijuana
- 3 nights post operation San Diego hotel
- Plus you receive a 80 page ebook of valuable information as well as information sheets sent regularly to prepare for your journey
- Medical package includes: Surgery, hospital stay, medication, pre-op tests, post-op care, nutritionist for up to one year and local knowledge.
- **2025:** 25 October (\$5680) **2026:** 21 January (\$5099), 10 April, (\$5999). 08 August (\$5999), 28 October (\$5680)
- **Surgery costs for bariatric procedures are additional to the tour package price.**



THE INDEPENDENT PACKAGE "FLYING SOLO"

Independent Travel, Full Support on the Ground. Ideal for experienced travellers — no Kiwi escort, but you'll be fully supported by our trusted Tijuana-based coordinator throughout your journey., picked up from San Diego and transfers included across the border. Flexibility meets affordability. Price is dependent on your choice of dates and itinerary, this can be tailor made.

Top-ups may apply — but only where needed or requested !

if your BMI is Over 48-54 the additional cost is 600USD. Over 55-59 the additional cost is \$1000USD Over 60-69 POA. Hernia Repair if required \$700USD. Internal scar removal if required \$500USD. Gallbladder removal \$900USD A hysterectomy or tubal ligation can often be done at the same time as your bariatric surgery — and usually for a minimal extra cost.